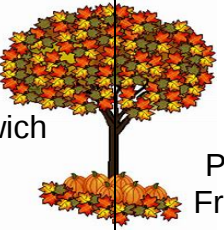
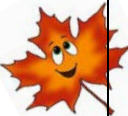
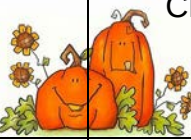


Monson-Sultana Menu for October 2020

Monday	Tuesday	Wednesday	Thursday	Friday
In the operation of child feeding programs administered by the U.S. Department of Agriculture, no child will be discriminated against because of race, sex, color, national origin, age, or handicap. If you believe you or any individuals have been discriminated against, write immediately to the Secretary of Agriculture, Washington D.C. 20250. Menu subject to change without notice. **1% white and/or non-fat chocolate milk served with each meal. ***Fruit Juices Served for Breakfast Only***			1 Muffin – Yogurt Fruit Chimichanga Tomatoes Raisins 	2 Pop Tarts - Fruit Peanut Butter and Jelly Sandwich Carrots Chips 
5 Graham Cracker Cereal - Fruit Corn Dog Broccoli Grapes 	6 Donut - Fruit Burrito Tomatoes Fruit Cup 	7 Pop –Tart - Fruit Chicken Rice Bowl Veggies Applesauce 	8 Muffin – Yogurt Fruit Hot Dog Broccoli Apple 	9 Cinnamon Bun Fruit Grilled Cheese Sandwich Carrots Raisins
12  NO CLASSES	13 Graham Cracker Cereal - Fruit Chicken Nuggets Cucumbers Apple 	14 Waffle – Fruit Chicken Fajitas Rice – Beans Fruit Cup 	15 Twin Bar - Fruit Chimichanga Tomatoes Grapes 	16 Donut - Fruit Peanut Butter and Jelly Sandwich Cucumbers Chips
19 Graham Cracker Cereal - Fruit Grilled Cheese Sandwich Carrots Fruit Cup 	20 Muffin - Yogurt Fruit Corn Dog Cucumbers Apple 	21 Cinnamon Bun Fruit Tamale Rice – Beans Fruit Cup 	22 Twin Bar - Fruit Chicken Nuggets Broccoli Grapes 	23 Pop Tart - Fruit Hot Dog Tomatoes Applesauce 
26 Graham Cracker Cereal - Fruit Mini Corn Dogs Carrots Grapes 	27 Donut - Fruit Chicken Sandwich Cucumbers Fruit Cup 	28 Muffin – Yogurt Fruit Hamburger Potato Wedges Fruit Cup - Chips 	29 Pop Tart - Fruit Burrito Broccoli Apple 	30 Twin Bar - Fruit Peanut Butter and Jelly Sandwich Tomatoes Chips 

Monson-Sultana Menú para Octubre 2020

Lunes	Martes	Miércoles	Jueves	Viernes
En la operación de los programas de alimentación infantil administrados por el Departamento de Agricultura de los Estados Unidos, ningún niño será discriminado por motivos de raza, sexo, color, origen nacional, edad o discapacidad. Si usted cree que usted o alguna de las personas ha sido discriminado, escriba inmediatamente al Secretario de Agricultura, Washington DC 20250. El menú está sujeto a cambios sin previo aviso. ** Leche con Chocolate 1% o blanca / o sin grasa servida con cada comida. *** Jugos de frutas se sirven para el desayuno ***			1 Mollete – Yogur Fruta  Chimichanga Tomates Pasas 	2 Pop Tart - Fruta Sandwich de Crema de Cacahuete y Mermelada Zanahorias Bolsa de Papitas
5 Galletas de Canela Cereal - Fruta Corn Dog Brócoli Uvas	6 Donut - Fruta Burrito Tomates Copa de Fruta 	7 Pop Tart - Fruta Taza de Arroz con Pollo Vegetales Puré de Manzana 	8 Mollete – Yogur Fruta Hot Dog Brócoli Manzana 	9 Rollo de Canela Fruta Sandwich de Queso a la Parilla Zanahorias - Pasas
12  NO Hay Clases	13 Galletas de Canela Cereal - Fruta Chicken Nuggets Pepino Manzana 	14 Gofre - Fruta Fajitas de Pollo Arroz – Frijoles Copa de Fruta 	15 Pan Dulce - Fruta Chimichangas Tomates Uvas 	16 Donut - Fruta Sandwich de Crema de Cacahuete y Mermelada Pepino Bolsa de Papitas
19 Galletas de Canela Cereal - Fruta Sandwich de Queso a la Parilla Zanahorias Uvas 	20 Mollete –Yogur Fruta Corn Dogs Pepino Copa de Fruta 	21 Rollo de Canela Fruta Tamal Arroz – Frijoles Copa de Fruta 	22 Pan Dulce - Fruta Chicken Nuggets Brócoli Uvas 	23 Pop Tart - Fruta Hot Dog Tomates Puré de Manzana
26 Galletas de Canela Cereal - Fruta Mini Corn Dogs Zanahorias Uvas 	27 Donut - Fruta Sandwich de Pollo Pepino Copa de Fruta 	28 Mollete – Yogur Fruta Hamburguesa Trozos de Papa Copa de Fruta Bolsa de Papitas 	29 Pop Tart - Fruta Burrito Brócoli Manzana 	30 Pan Dulce - Fruta Sandwich de Crema de Cacahuete y Mermelada Tomates Bolsa de Papitas 

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